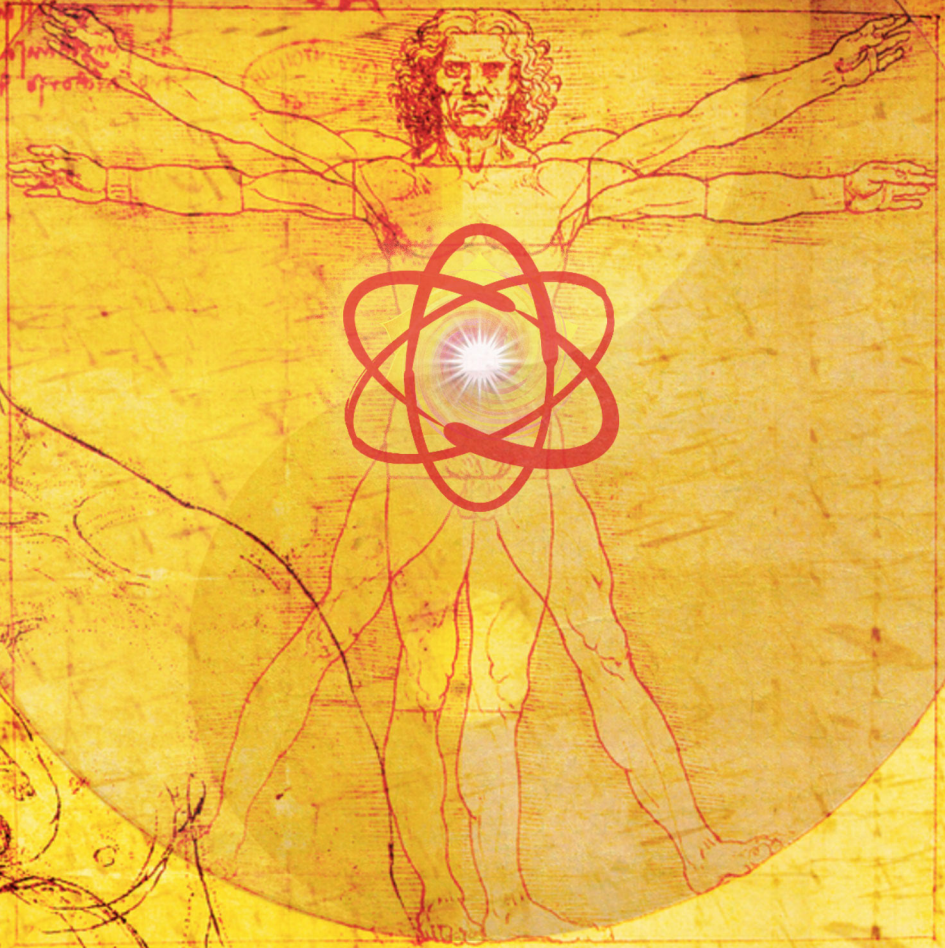


[SPECIAL REPORT]



**No Pills
No Potions
No Shots**



THE ANCIENT SECRET TO **VIBRANT HEALTH** YOUR DOCTOR DOESN'T KNOW!

TRISTAN & SABRINA TRUSCOTT

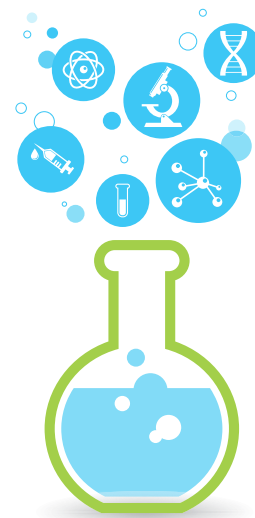
FOUNDERS OF SATORI METHOD ACADEMY

YOU CAN ACTUALLY BULLET-PROOF YOURSELF AND YOUR WHOLE FAMILY

Ease pain, prevent disease and supercharge your immunity and natural energy resources with an all-natural, forgotten solution that ancient medics used all the time.

First, let's look at why your doctor isn't already telling you about this.

MODERN SCIENCE'S GREATEST STRENGTH IS ALSO ITS GREATEST WEAKNESS.



Through a single-minded search for ***ways to heal the body***, medicine has made tremendous strides. Whatever your physical symptoms, there are always numerous pills they can offer (to see if it helps your condition.) However, modern medicine has developed a fundamental blindness to that fact that Miracles of healing happen around us all the time but they are dismissed as “impossible” because there are no physical reasons that explain spontaneous healings. We have lost sight of the fact that ***many biological ailments may not really be problems of the body at all!***

Long ago, our ancestors knew that. Long before the specialization of medicine... before you had to see a different doctor depending on what was hurting... healers used to treat their patients holistically. So when there was no physical explanation for their symptoms or disease, they sought non-physical explanations. And ancient teachings, passed down through the ages, reveal that they found the answers they were looking for in the ***“energy body.”***

THIS FORGOTTEN BRANCH OF HEALING IS BRILLIANT IN ITS SIMPLICITY -- BUT COMPLICATED TO UNDERSTAND IF YOU'VE NEVER BEEN EXPOSED TO IT.

Remember Yoda talking about “The Force” in Star Wars? If so, you’ve got a good beginning:

“Life creates it, makes it grow. Its energy surrounds us and binds us. Luminous beings are we, not this crude matter.” – Yoda



For now, just imagine **energy flowing through pathways** in our bodies to **3 main energy centers**. These energy centers are like spinning vortexes that control the flow of the energy and direct it *exactly* where it needs to go. Bear with us for a minute. We'll get into this a little more later, but right now, let's just refer to this whole energy circulation system as the “energy body.”

Ancient healers worked from the fundamental principle that the health of our physical body could not be separated from the health of our energy body. They believed any disease you experience is due to a disruption in the natural flow of this life-giving, healing energy. So, a large part of their healing practice involved **“fix the energy, fix the body.”**

WE ARE MORE THAN OUR PHYSICAL BODIES.

In spite of all of our great advancements and strides in modern medicine, we have lost sight of this simple truth known by numerous ancient civilizations. Modern science is well aware of the circulatory system that carries oxygen-holding blood throughout our bodies, but remains blind to the more subtle, invisible, energy matrix carrying the life-force that creates and sustains us. ***This invisible energy matrix channels life-force through 3 core energy centers*** that are connected to key glands in our body's endocrine system. These energy centers stimulate the glands to release hormones – hormones that are essential in regulating all body functions, including healing and aging.

These 3 Core Energy Centers are:



THE POWER CENTER



THE HEART CENTER



THE WISDOM CENTER

THE GREATEST HEALTH CRISIS OUR WORLD IS FACING IS THAT MODERN MEDICAL PRACTICE IGNORES THIS MAJOR COMPONENT OF HEALING...

| The healing of the ENERGY BODY is not addressed AT ALL!

Again, the healing energy that gives us life and keeps us healthy and young flows through us via 3 core energy centers. ***If one of these centers is weak or blocked***, the flow of healing energy is interrupted from reaching the problem area. This healing life force is CRUCIAL to health, so even a small loss of energy, over time, can result in huge health problems.

But what if there is a way to heal the energy body?
It turns out there is.

But before we look at that, we need to understand more fully what each of our energy centers do, so that we will be able to recognize if one (or all of them) are weak or blocked.

So, what exactly might problems with your energy flow look like?



THE RED FLAGS THAT YOU SHOULDN'T IGNORE

THE POWER CENTER (THE BRIDGE BETWEEN YOU AND YOUR BEST SELF)



PRONE TO ACHES AND PAINS? SLOW TO HEAL? LACK OF SELF-ESTEEM? WHAT DO ALL THESE THINGS HAVE IN COMMON?

The first energy center is located a few inches below the belly button. Think of this as the root of your power. It is the bridge between YOU and YOUR BEST SELF. It is your grounding in physical vitality, health and confidence.

KEY SIGNS THAT YOUR POWER CENTER IS...



CHARGED AND FLOWING PROPERLY

- A strong immune system.
- Heal quickly.
- Flexible and strong.
- Feel self-empowered.
- Energized and driven.



RUN DOWN OR BOCKED

- Prone to chronic aches and pains.
- Resistant to healing.
- Suffer physical ailments and fatigue.
- Low self esteem.
- Lack motivation or feel defeated before you begin.

"The less effort, the faster and more powerful you will be!" ~ Bruce Lee

THE HEART CENTER

(THE BRIDGE BETWEEN YOU AND THE WORLD)



**FEELING STRESSED? ANXIOUS? ANGRY?
ARE YOU LONELY OR FRAGILE?** THESE SEEM
UNRELATED BUT NOT WHEN YOU LOOK CLOSER...

This energy center is located in the area of your physical heart. Think of this as the bridge between YOU and the WORLD around you. It is about relationships, you and the world and people around you. Even modern science has validated that the heart receives as much 'info' as the brain gets from our 5 senses – which it even processes more quickly than the brain.

KEY SIGNS YOUR HEART CENTER IS...



CHARGED AND FLOWING PROPERLY

- Feelings of joy, gratitude and compassion.
- Open to loving and being loved.
- Deep relationships, active social life.
- Magnetic personality that attracts others.
- Resilient attitude.



RUN DOWN OR BOCKED

- Prone to anxiety, nervousness and inflammatory diseases.
- Stressed, frustrated, angry or depressed.
- Difficult to heal from heartache or grief.
- Lonely; Viewed as emotionally shut down or unavailable.
- Others find you off-putting or strangely fragile.

"Wherever you go, go with all your heart."
~ Confucius

THE WISDOM CENTER

(THE BRIDGE BETWEEN YOU AND YOUR HIGHER SELF)



HARD TO FOCUS? DISCONTENT? ADDICTIVE OR NEGATIVE BEHAVIOR? THE PROBLEM MAY NOT BE WHAT YOU THINK...

This energy center is located in the area of your third eye. Think of this as the bridge between YOU and YOUR HIGHER SELF. It is about your highest level of knowing or consciousness.

KEY SIGNS YOUR WISDOM CENTER IS...



CHARGED AND FLOWING PROPERLY

- Strongly intuitive and imaginative.
- Sense of clarity, focus and purpose that leave others astounded.
- Open channel to your true potential and purpose.
- Feel an inner guidance that leaves you free from self-doubt and limiting beliefs about the right choice you should make.



RUN DOWN OR BOCKED

- Prone to attention and focus disorders (which may show up as addictive behaviors).
- Plagued by self-doubt, cluttered thoughts and discontentment.
- Trouble visualizing or seeing the positive.
- Feel lost and hopeless; Hard to see life as anything but a struggle.

"The energy of the mind is the essence of life." ~ Aristotle



INTEGRATING FULLY FUNCTIONAL ENERGY CENTERS YIELDS UNBELIEVABLE RESULTS!

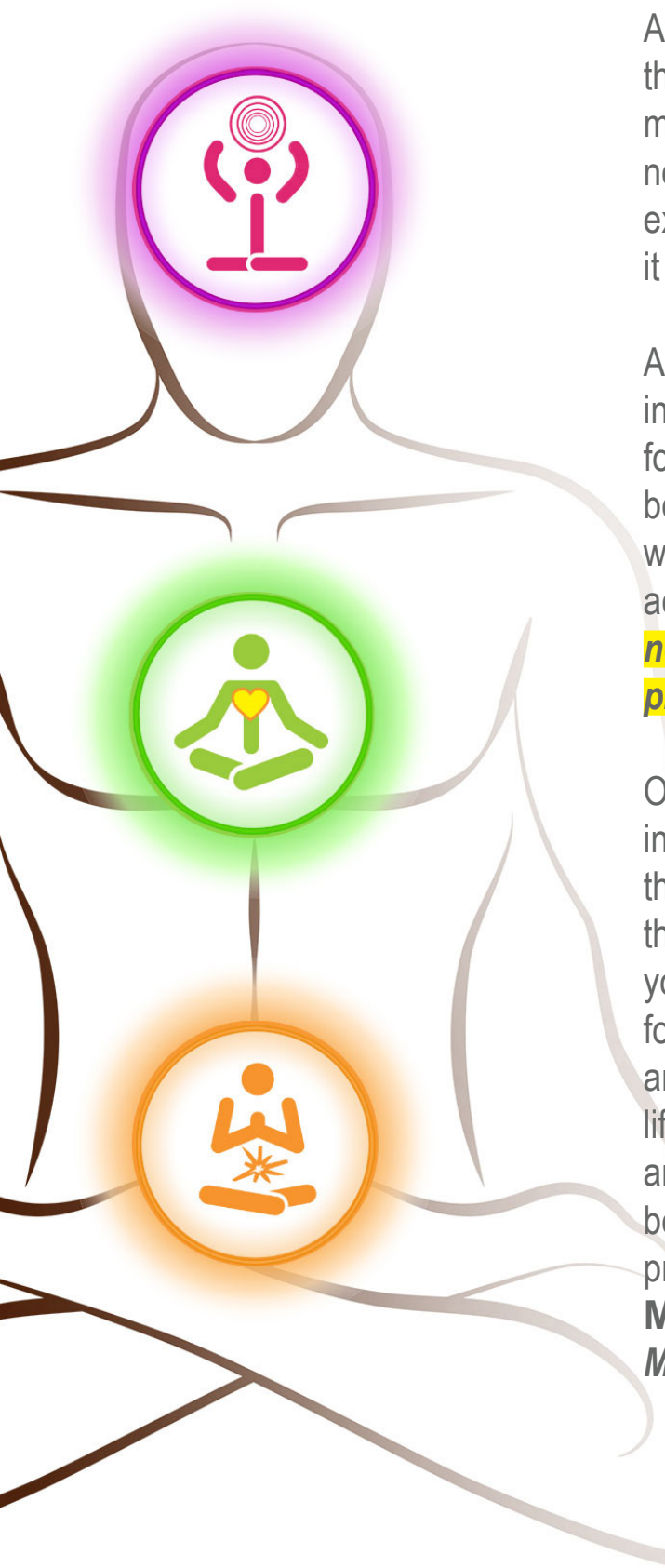
DON'T SETTLE FOR BASIC HEALING WHEN SO MUCH MORE IS AVAILABLE!

After the 3 main energy centers are fully activated, they can be integrated to work together for even more powerful benefits. And these benefits are not “2+2=4.” On the contrary, the results are exponential, more like “2+2=444”. So much so that it doesn't even seem like the same thing!

As an example, imagine that you mix all the ingredients of a cake. When energy is added in the form of heat, the separate ingredients combine to become something that seems totally different from what you started with. In the same way, you can activate and recharge each energy center, but **it's not until they are integrated that you see this profound transformation.**

Once your *fully-charged* energy centers are integrated, they form a powerful **energy equation** that helps you achieve incredible results! Imagine that beyond being confident, healthy, and powerful, you're also guided by a deep intuition and clear focus... easily able to manifest more joy, prosperity and love through a deep understanding of your life's purpose and your relationship with everything around you. This is when you are a truly realized being... where your inherent vibration of health, prosperity and amazing relationships attract even **MORE** of that until you **BECOME the Art of Manifestation itself!**

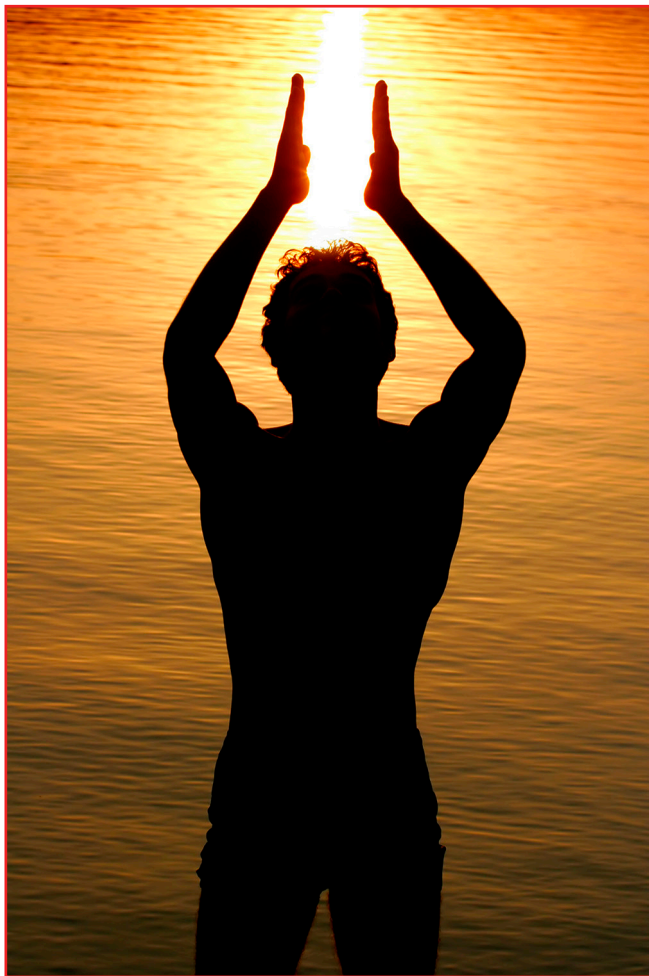
SOUNDS GOOD RIGHT?



SO WHAT'S THE SECRET?

How can you super-charge your health, relationships, productiveness and creativity all at the same time?

There are ancient teachings about a series of postures and ***slow, graceful movements*** that flow from one into the other which, when coordinated with the correct ***deep breathing*** and focused ***visualization techniques***, form the practice that was ***known as Qigong***. Unfortunately, what currently passes for Qigong bears little resemblance to that revered ancient teaching.



You have to remember that Qigong masters guarded their secrets until their initiates were ready. But many students learned the outer forms and then set out to seek their own fame and glory, teaching before mastering the truly transformational elements of Qigong themselves. That's not very surprising. ***MOST*** people are satisfied with the outer form of something, and don't have the patience or commitment for real transformation. This is especially true in Western society. Anyone can go on Amazon and buy a book about Qigong that teaches the basic outer forms; ***but they will miss out on the most important part of the practice*** – the powerful internal aspects of the heart and mind centers!

[CLICK HERE TO SEE A SNEAK PEEK VIDEO](#) OF A **TIME-EFFICIENT QIGONG ROUTINE** FOR CULTIVATING YOUR HIGHEST LEVELS OF ENERGY AND VIBRANT HEALTH >>>

called Qigong “*the ultimate low impact exercise.*” If that is what Qigong is to you, you’re doing it wrong. Yes, it’s exercise, but so much more!



TRUE QIGONG, IS LIKE THE ULTIMATE SWISS ARMY KNIFE. ITS MULTI-LAYERED PRACTICE INCLUDES :



MOVEMENT – a slow and graceful, moving meditation that activates and cleanses our core energy centers – enhancing the effectiveness of any other therapy, personal growth technique, or spiritual practice.



BREATHWORK – using the breath and natural circulatory systems of the physical body to simplify the practice for beginners and deepen the benefits for adepts.



MEDITATION – using focused consciousness to tap into deeper and deeper levels of awareness while also reaping the more mundane (scientifically-proven) physical rewards of meditation.



VISUALIZATION – using the flow of energy as a focal point during this moving meditation unlocks a greater ability to visualize and reach new heights of manifestation.



RHYTHM – coordinating physical movements to a mental rhythm has been shown to drastically increase results (science has only recently caught up with this and yet Qigong has been teaching it for thousands of years!).

[CLICK HERE](#) to see a Sneak Peek Video and learn more about the Healing Powers of Qigong.



ARE YOU SICK OF BEING TIRED? AND TIRED OF BEING SICK?



The key to success in all personal transformation is practice. The good news is ***Qigong can be practiced anywhere...*** in a park, on a beach or from the comfort of your own home or garden. **Even if you don't have a lot of time... this health boosting regime can be done in just minutes a day!** Remember, you are already practicing ***SOMETHING*** every day. If what you are practicing is detrimental to you, we call that repetition a bad habit. If you practice something beneficial, we call it developing a positive life skill.

GET STARTED WITH QIGONG TODAY!

INTRODUCING: SATORI QIGONG

THE FLOW FORM

Learn More Now! >>



**HERE'S WHAT YOU HAVE TO
LOOK FORWARD TO WITH JUST
A FEW MINUTES OF PRACTICE
A DAY!**

- Increased flexibility and balance
- More strength and muscle tone
- A stronger immune system
- Greater healing capacity
- Boosted energy levels
- Increased magnetism
- More feelings of joy
- Enhanced intuition
- Sharper focus



SATORI METHOD™

*Thank You for taking the time
to read our Special Report. To
get more information about this
video instructional series we've
created specifically tailored to
anyone interested in healing on an
energetic level, please visit us at:*

www.satoriqigong.com



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